

Benguela Cove 5 Km



Position		Skins Female			
O/A	Cat	Race No	Time	Cat	Name
3	1	604	01:17:21	SF	Carina Bruwer
4	2	503	01:19:32	SF	Samantha Whelpton
7	3	602	01:28:35	SF	Courtney Gray

Position		Skins Male			
O/A	Cat	Race No	Time	Cat	Name
5	1	508	01:22:02	SM	Patrick Wilke
8	2	603	01:35:16	SM	Ram Barkai
9	3	509	01:37:29	SM	Richard Dunlop

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Position		Wetsuit Male			
O/A	Cat	Race No	Time	Cat	Name
1	1	507	01:01:54	WM	Naor Lombard
2	2	516	01:03:59	WM	Stephano Roodt
6	3	514	01:24:05	WM	Iain Peddle

Benguela Cove 3 Km



Position		Skins Female			
O/A	Cat	Race No	Time	Cat	Name
2	1	501	00:40:37	SF	Carli Antonopoulos
11	2	306	00:55:32	SF	Julia Van Der Leek
12	3	304	00:55:57	SF	Francesca Wightman
13	4	305	00:56:29	SF	Jaime Bossenger

Position		Skins Male			
O/A	Cat	Race No	Time	Cat	Name
1	1	505	00:40:31	SM	Dylan Wright
3	2	316	00:41:16	SM	Hendrik Botha
4	3	313	00:43:47	SM	Andrew Turner
5	4	512	00:45:00	SM	Tyron Venter
6	5	312	00:49:57	SM	Aaron Bezuidenhout
9	6	321	00:51:29	SM	Roger Young
10	7	511	00:51:34	SM	Tristan Moore
15	8	510	01:02:12	SM	Stefan Buchholz
16	9	319	01:14:01	SM	Tim Stiff
17	10	601	01:14:47	SM	Alexander Johnson

Benguela Cove 3 Km



Position		Wetsuit Female			
O/A	Cat	Race No	Time	Cat	Name
14	1	324	00:56:44	WF	Janet De Angelis

Position		Wetsuit Male			
O/A	Cat	Race No	Time	Cat	Name
7	1	327	00:50:04	WM	Charl Botha
8	2	330	00:50:09	WM	Pierre Botha

Benguela Cove 1 Km



Position		Skins Female			
O/A	Cat	Race No	Time	Cat	Name
4	1	102	00:19:10	SF	Carla Engelbrecht
6	2	111	00:20:17	SF	Mignon Du Toit
8	3	114	00:21:05	SF	Penny Turner
16	4	303	00:27:09	SF	Dawn Rottanburg
17	5	103	00:28:56	SF	Claire Waumsley
19	6	110	00:44:47	SF	Lorraine Ritchie

Position		Skins Male			
O/A	Cat	Race No	Time	Cat	Name
1	1	318	00:15:52	SM	Mj Louw
10	2	120	00:22:41	SM	Derek Kropman
12	3	123	00:23:57	SM	Jacques Du Toit
15	4	117	00:26:17	SM	Alex Kuzma
18	5	124	00:44:45	SM	Japie Ludick

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Position		Wetsuit Female			
O/A	Cat	Race No	Time	Cat	Name
2	1	106	00:17:13	WF	Helen Ellison
5	2	323	00:19:30	WF	Carla Oosthuizen
7	3	127	00:20:23	WF	Lucia Dixon
9	4	108	00:22:17	WF	Inge Coetzee
11	5	129	00:22:51	WF	Sharon Hughes
13	6	605	00:24:53	WF	Penny Ingram

Position		Wetsuit Male			
O/A	Cat	Race No	Time	Cat	Name
3	1	606	00:18:21	WM	Miguel Netto
14	2	131	00:25:53	WM	Rutger Boshoff

Benguela Cove 500 m



Position		Skins Female			
O/A	Cat	Race No	Time	Cat	Name
1	1	7	00:05:35	SF	Sophia Turner
2	2	101	00:06:35	SF	Bella Murray
3	3	3	00:06:47	SF	Hannah Turner
4	4	113	00:07:16	SF	Nikki Murray

Position		Wetsuit Male			
O/A	Cat	Race No	Time	Cat	Name
5	1	130	00:15:01	WM	Izak Zwarts