



Langebaan Express 12km - Sat Nov 30 2019

Skins

Position						
Cat	Overall	Gen.	Name	Surname	Time	Avg Speed
	1	Female	Michelle	Weber	2:24:16	5.0 km/h
	4	Female	Andrea	Turkovic	2:44:49	4.4 km/h
	11	Female	Brigitte	Melly	3:01:50	4.0 km/h
	13	Female	Katherine	Persson	3:02:38	3.9 km/h
	18	Female	Karen	Graaff	3:19:02	3.6 km/h
	19	Female	Abriella	Bredell	3:19:17	3.6 km/h
	20	Female	Michelle	Petring	3:20:14	3.6 km/h
	21	Female	Vicky	Hyland	3:23:08	3.5 km/h
	22	Female	Hazel	McQueen	3:24:50	3.5 km/h
	25	Female	Elmaree	Stapelberg	3:43:00	3.2 km/h
	28	Female	Annelie	Snelling	3:52:08	3.1 km/h
	30	Female	Marele	Moolman	3:58:51	3.0 km/h
	31	Female	Nadine	Pincus	3:58:57	3.0 km/h
	34	Female	Lianne	Lembeck	4:24:12	2.7 km/h
	2	Male	Anthony	Pearse	2:30:37	4.8 km/h
	3	Male	Ryan	Stramrood	2:40:55	4.5 km/h
	5	Male	Richard	Willmore	2:49:08	4.3 km/h
	6	Male	Herman	van der Westhuizen	2:49:24	4.3 km/h
	7	Male	Mark	de Klerk	2:55:01	4.1 km/h
	8	Male	Patrick	Wilke	2:55:03	4.1 km/h
	9	Male	Peter	de Beer	2:59:19	4.0 km/h
	10	Male	Neil	Hopkins	3:00:42	4.0 km/h
	15	Male	Justin	Hardcastle	3:10:41	3.8 km/h
	17	Male	Simon	Ince	3:18:05	3.6 km/h
	23	Male	Tom	Maydon	3:39:01	3.3 km/h
	27	Male	Tony	Sellmeyer	3:48:51	3.1 km/h
	32	Male	Koos	van der Merwe	4:08:58	2.9 km/h
	33	Male	Mervyn	Bremner	4:19:58	2.8 km/h
	35	Male	Gary	Leetch	4:25:12	2.7 km/h



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Wetsuit

Position						
Cat	Overall	Gender	Name	Surname	Time	Avg Speed
1	16	Female	Marisa	Smalberger	3:11:39	3.8 km/h
2	26	Female	Lisa	Kirsch	3:48:45	3.1 km/h
3	29	Female	Adine	Friedman	3:57:15	3.0 km/h
1	12	Male	Ray	Mc Callum	3:02:06	4.0 km/h
2	14	Male	Dave	Welensky	3:03:05	3.9 km/h
3	24	Male	Bruno	Stutz	3:39:48	3.3 km/h



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Position						
Cat	Overall	Gen.	Name	Surname	Time	Avg Speed
1	5	Female	Flora	James	1:31:15	3.9 km/h
2	6	Female	Kait	Keet	1:31:41	3.9 km/h
3	11	Female	Maryse	Pretorius	1:37:01	3.7 km/h
4	15	Female	Issataya	Bredell	1:43:39	3.5 km/h
5	16	Female	Jernelle	Uys	1:44:05	3.5 km/h
6	17	Female	yael	Joffe	1:44:19	3.5 km/h
7	20	Female	Anne	Clift	1:48:43	3.3 km/h
8	21	Female	Zani	Taitz	1:52:41	3.2 km/h
Men						
1	2	Male	Brad	Gale	1:13:59	4.9 km/h
2	4	Male	Andy	Pfaff	1:30:50	4.0 km/h
3	10	Male	John-Joe	Dawson-Squibb	1:36:38	3.7 km/h
4	12	Male	Erik	Warburg	1:37:15	3.7 km/h
5	13	Male	shane	kiernan	1:39:22	3.6 km/h
6	14	Male	Gary	Laing	1:39:34	3.6 km/h
7	19	Male	Motti	Lewis	1:46:36	3.4 km/h
8	22	Male	David	Taitz	1:59:54	3.0 km/h



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Wetsuit

Position						
Cat.	Overall	Gen.	Name	Surname	Time	Avg Speed
1	8	Female	Karla	Gillingham	1:31:53	3.9 km/h
2	9	Female	Samantha	Lustig	1:32:22	3.9 km/h
3	18	Female	Kate	Thompson	1:44:56	3.4 km/h
1	1	Male	Danie	Marais	1:11:44	5.0 km/h
2	3	Male	Ludwig	Lillie	1:26:24	4.2 km/h
3	7	Male	Paul	Gillingham	1:31:52	3.9 km/h