

Heritage Day 2019 - Tue Sep 24 2019**800m**

Cat. Position	Category	Course Position	Gen.	Name	Surname	Time
1	Wetsuit	1	Male	Wade	Beukes	16:04
1	Skins	2	Male	Raul	Henney	16:07
2	Skins	3	Male	Dean	Venske	20:35
2	Wetsuit	4	Male	Omar	Abousheer	21:40
1	Wetsuit	5	Female	Lauren	Denny	21:48
3	Wetsuit	6	Male	Matthew	Nilsson	22:29
2	Wetsuit	7	Female	Isabella	Schroder	22:53
3	Wetsuit	8	Female	Karen	Rautenbach	23:11
4	Wetsuit	9	Female	Ash	Robson	24:07
1	Skins	10	Female	Caitlin	Wilde	25:59
2	Skins	11	Female	Liska	Stramrood	26:09
4	Wetsuit	12	Male	Nour	Abousheer	26:48
5	Wetsuit	13	Female	Madison	Eskinazi	27:06
3	Skins	14	Female	Lourett	Visser	27:17
6	Wetsuit	15	Female	Desiree	Roos	28:04
5	Wetsuit	16	Male	Kris	Schroder	28:08
3	Skins	17	Male	Sean	Phillips	28:14
7	Wetsuit	18	Female	Cindy	Masters	31:57
4	Skins	19	Male	John	Woollam	33:08
6	Wetsuit	20	Male	Max	Kotze	33:39
8	Wetsuit	21	Female	Tamsyn	Kotze	33:40

Heritage Day 2019 - Tue Sep 24 2019

1 Mile

Cat. Position	Category	Course Position	Gen.	Name	Surname	Time
1	Wetsuit	1	Female	Marinda	Lindeque	22:58
2	Wetsuit	2	Female	Carli	Antonopoulos	24:27
1	Wetsuit	3	Male	Matt	Carrol	26:18
3	Wetsuit	4	Female	Carina	Bruwer	26:20
2	Wetsuit	5	Male	Lee	Anderson	26:36
3	Wetsuit	6	Male	Brandon	Buys	26:41
4	Wetsuit	7	Female	Dayna	Lombard	26:53
4	Wetsuit	8	Male	Jarod	Van Blerk	26:56
5	Wetsuit	9	Male	Marco	Zumpt	27:10
1	Skis	10	Male	Rene	Prinsloo	27:33
6	Wetsuit	11	Male	Jake	Anderson	28:41
1	Skis	12	Female	Sam	Whelpton	29:01
7	Wetsuit	13	Male	Luca	Zumpt	29:06
8	Wetsuit	14	Male	Scott	Tubman	29:15
2	Skis	15	Female	Claire	Amner	29:37
3	Skis	16	Female	Karen	Rautenbach	29:42
2	Skis	17	Male	Allan	Taylor	30:06
3	Skis	18	Male	Roy	Godfrey	30:08
5	Wetsuit	19	Female	Aimee	Langenhoven	30:31
6	Wetsuit	20	Female	Layla	Rothuysen	30:35
4	Skis	21	Male	Matthew	Malan	30:44
7	Wetsuit	22	Female	Jean	Degenaar	31:15
5	Skis	23	Male	Luke	Taylor	31:17
6	Skis	24	Male	Carlheinz	von Geyso	31:20
9	Wetsuit	25	Male	Darren	Brookbanks	32:21
7	Skis	26	Male	Peter	de Beer	32:36
10	Wetsuit	27	Male	Patrick	Semple	33:18
8	Wetsuit	28	Female	Marta	Jekot	33:46
11	Wetsuit	29	Male	Nico	Zumpt	33:55
12	Wetsuit	30	Male	Marc	Horne	34:06
9	Wetsuit	31	Female	Mignon	du Toit	34:11
13	Wetsuit	32	Male	Neill	Courtney-Clarke	34:13
10	Wetsuit	33	Female	Este	Bezuidenhout	34:19
11	Wetsuit	34	Female	Katy	Hofmeyr	34:27
12	Wetsuit	35	Female	Romy	Anderson	34:33
8	Skis	36	Male	Calvin	Hayward	34:36
14	Wetsuit	37	Male	Kyran	Jooste	34:50
15	Wetsuit	38	Male	Andrew	Denny	34:59
9	Skis	39	Male	Warren	Handley	35:13
16	Wetsuit	40	Male	Peter John	van Wyk	35:39

13	Wetsuit	41	Female	Wendy	McCallum	35:50
14	Wetsuit	42	Female	Erin	Langenhoven	36:08
4	Skins	43	Female	Bettina	Taylor	36:19
17	Wetsuit	44	Male	Jacques	du Toit	36:31
15	Wetsuit	45	Female	Diane	Smith	36:34
10	Skins	46	Male	Jonathan	Henning	37:34
11	Skins	47	Male	Toks	VIVIERS	37:59
5	Skins	48	Female	Maryse	Pretorius	38:06
12	Skins	49	Male	Barend	Griesel	38:09
6	Skins	50	Female	Kait	Keet	38:10
16	Wetsuit	51	Female	Shannon	Edwards	38:14
13	Skins	52	Male	Izak Francois	Strauss	38:17
7	Skins	53	Female	Blyda	Hefer	38:20
18	Wetsuit	54	Male	Timon	von Benecke	38:23
17	Wetsuit	55	Female	Wendy	Hitchcock	38:41
14	Skins	56	Male	Andro	Theart	38:46
18	Wetsuit	57	Female	Leandra	Vermaak	38:52
19	Wetsuit	58	Male	John	McLean	39:34
8	Skins	59	Female	Kerry	Kopke	39:51
19	Wetsuit	60	Female	Donna	Vardi	40:09
9	Skins	61	Female	Sandi	Sher	40:45
15	Skins	62	Male	Derek	De Vries	40:55
10	Skins	63	Female	Amelia	Bergh	41:08
16	Skins	64	Male	Robbie	van Eck	41:13
20	Wetsuit	65	Female	Yolande	Baard	41:26
11	Skins	66	Female	Nadine	Pincus	41:47
21	Wetsuit	67	Female	Meike	Zumt	41:53
17	Skins	68	Male	Mervyn	Bremner	42:15
18	Skins	69	Male	Koos	van der Merwe	42:26
12	Skins	70	Female	Andi	Hoole	44:07
22	Wetsuit	71	Female	Meg	Holtzhausen	44:22
23	Wetsuit	72	Female	Camilla	Wattrus	44:35
19	Skins	73	Male	Tom	David	44:40
24	Wetsuit	74	Female	Kate	Thompson	45:00
20	Wetsuit	75	Male	Aphinda	Africa	45:18
13	Skins	76	Female	Mckinley	Andrews	45:42
21	Wetsuit	77	Male	Mabuse	Mampane	45:51
22	Wetsuit	78	Male	Izak	Zwarts	46:25
14	Skins	79	Female	Yolandi	de Wet	47:09
25	Wetsuit	80	Female	Sam	Bell	47:17
20	Skins	81	Male	Casper	Joubert	48:40
15	Skins	82	Female	Jenni	Courtney	49:19
16	Skins	83	Female	Anne	Clift	50:07
17	Skins	84	Female	Genie	Johnson	51:15

18	Skins	85	Female	Sabine	Human	55:03
21	Skins	86	Male	Ruan	Goosen	56:02
23	Wetsuit	87	Male	Marius	Scholtz	57:13
19	Skins	88	Female	Rukeya	Warner	58:04
22	Skins	89	Male	Carl	Human	58:50
23	Skins	90	Male	Brendan	Argent	59:39
24	Skins	91	Male	Nick	Martin	1:00:39
26	Wetsuit	92	Female	Sharon	Legodi	1:00:44
20	Skins	93	Female	Marele	Moolman	1:03:25
21	Skins	94	Female	Benjy	Blumenthal	1:11:20
22	Skins	95	Female	Vicky	Hyland	1:13:47
23	Skins	96	Female	Felicity	Pentland-Smith	1:17:43
24	Skins	97	Female	Julie	Fischer	1:17:45
25	Skins	98	Female	Annelie	Snelling	1:17:51
24	Wetsuit	99	Male	Rob	Gardner	1:17:58
25	Skins	100	Male	Gary	Laing	1:20:35
26	Skins	101	Female	Karien	Pauw	1:20:38
27	Skins	102	Female	Carien	Strauss	1:20:47
28	Skins	103	Female	Lindsay	de Kock	1:26:31

Heritage Day 2019 - Tue Sep 24 2019

3 Mile

Cat. Position	Category	Course Position	Gen.	Name	Surname	Time
1	Wetsuit	1	Male	Danie	Marais	58:44
2	Wetsuit	2	Male	Dylan	Wright	1:02:08
3	Wetsuit	3	Male	Zac	Ellis	1:04:42
1	Skins	4	Female	Landi	Cilliers	1:07:14
4	Wetsuit	5	Male	Keegan	Wright	1:10:59
5	Wetsuit	6	Male	Liam	Ellis	1:13:38
1	Wetsuit	7	Female	Sarahan	Brophy	1:17:08
2	Wetsuit	8	Female	Samantha	Lustig	1:17:14
6	Wetsuit	9	Male	Jamie	Smuts	1:18:55
1	Skins	10	Male	Matthew	Page	1:20:15
2	Skins	11	Female	Monika	Hayes	1:20:58
7	Wetsuit	12	Male	Justin	Hamann	1:21:50
2	Skins	13	Male	Patrick	Wilke	1:22:03
8	Wetsuit	14	Male	Thabiso	Molefi	1:22:18
3	Skins	15	Male	Herman	van der Westhuizen	1:22:32
9	Wetsuit	16	Male	Dave	Welensky	1:23:38
10	Wetsuit	17	Male	Patrick	Semple	1:23:38
11	Wetsuit	18	Male	Johan	Branehog	1:23:49
3	Wetsuit	19	Female	Paula	Armstrong	1:25:14
4	Wetsuit	20	Female	Lisha	Du Plessis	1:25:55
4	Skins	21	Male	Shaun	Reznik	1:26:56
5	Skins	22	Male	Bruce	Anderson	1:28:07
6	Skins	23	Male	Craig	Moore	1:29:39
3	Skins	24	Female	Brigitte	Melly	1:35:25
7	Skins	25	Male	Ram	Barkai	1:36:11
8	Skins	26	Male	Mark	de Klerk	1:36:21
9	Skins	27	Male	Eugene	Steynberg	1:39:41
5	Wetsuit	28	Female	Ruth	Weber	1:42:46
12	Wetsuit	29	Male	Ian	Atmore	1:43:32
10	Skins	30	Male	Andrew	Angles	1:44:59
11	Skins	31	Male	Tom	Maydon	1:45:20
6	Wetsuit	32	Female	Tina	Boast	1:45:37
13	Wetsuit	33	Male	Jan	Visser	1:45:45